

*Sorry! This is a temporary pamphlet ... to receive the latest updated version please Anna and we'll make sure you get it as soon as its ready. Details will not change so if you are keen to book please let me know ASAP to secure your room choice. ... annamoniquek@hotmail.com*

## Bali Dreaming JANE FLOWERS BALI ART RETREAT 14-20 JULY 2020

with Anna Kwiecinska and Yoga with Angelina at Villa Nilaya by the Sea.



Your seaside retreat with Jane Flowers will be an exploration of the visual delights Bali has to offer and an introduction to many various techniques of drawing and painting to capture your thoughts and images from exposure to this gorgeous island - and take them home.

Jane will encourage your inner artist to flower and your creative child to flourish.

Pencils, coloured pencils, watercolour on paper and then acrylic on canvas techniques will be introduced to you and she will ambush you into finding your own artistic being.

Jane gets really annoyed that many of her latter years students were told by a particular teacher they had no talent.

"Everyone has talent. Encouraging it is the art " she says .

You will come home with a loaded visual journal, painted canvases and a new way of looking at the world around you.

Your body and soul will be renewed through daily yoga practice with Angelina, who was our much loved yoga teacher throughout all of our retreats in 2019. Starting and ending each day with you is a luxury that being on a retreat affords you - you'll be encouraged you to totally relax, find the real you, and bring that focus into your own creative space with energy!

Plus discover your Bali smile.

‘Whatever has been my recent life stuff .. I might feel drained, just so so in life... I always find my smile again in Bali” Jane Flowers

Jane has been visiting Bali since the early seventies.

She loves that unspoilt Mendira village is similar to the village Kuta was when she first visited in the early seventies on a surfing road /culture/ friendship trip. Our little patch or paradise by the sea is still a village.

She is a devotee of the total beauty of Bali and will encourage you you see it as it is – a tropical delight with a gorgeous culture non faded by European ways with a rich tradition that is very accessible to be paintable And be taken home in your own way.

Your retreat starts at 3 pm on 14 July and ends after breakfast on July 20.

AMARTA BEACH COTTAGES	single	twin -share (per person) ALL AUD
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Fan cooled Standard Rooms	\$1990	\$1850
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Air Con std rooms (upgraded)	\$2220	\$1995
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Air Con Villa	\$2390	\$2049
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SEA BREEZE VILLAS		
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Superior Sea view Room	\$2955	\$2355
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Deluxe Beachfront room	\$3355	\$2560
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Honeymoon suite	\$3595	\$2680
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CANDI BEACH RESORT		
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Deluxe Ocean View Room	\$3199	\$2479
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Luxury Ocean Villa Suite	\$4199	\$2989
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**Your retreat includes:**

All accommodation

Most meals

Transport from Airport

All art and yoga tuition

All materials

All day trips and tours

If you re ready to Book please contact Anna at : [annamoniquek@hotmail.com](mailto:annamoniquek@hotmail.com)

